

Pitru Shanti Havan

Number	Details	Quantity	Number	Details	Quantity
1	Red material	1 meter	19	Kheer-puri	
2	White material	1 meter	20	Plates	3
3	Loto	1	21	Match box	1
4	Betel nuts	15	22	Spoons	3
5	Betel leaves	15	23	Bowls	3
6	Coconut	3	24	Saucers	3
7	Red string		25	Aarti tray	
8	White cotton string		26	Various fruits	2-2
9	Jaggery-ghee	In a small bowl	27	Prasad	
10	Cleaned wheat	250 grams	28	Paper towel	1
11	Low square stool	1	29	Blankets to sit on	2
12	Rice	500 grams	30	Hand towels	3
13	Cardamoms	50 grams	31	Sugar cubes	100 grams
14	Cloves	50 grams	32	Ghee lamp	1
15	Panchamrut (see recipe below)		33	Incense sticks	1
16	Loose Fresh Flowers		34	Abeel (white powder), gulal (pink powder), kanku (red powder), chandan (yellow powder), sindoor (orange powder)	50 grams
17	Daroi		35	Loose coins	4
18	Tulsi (basil leaves)		36		

Mix the following items to make panchamrut

Milk	100 grams
Sour milk	1 teaspoon
Honey	½ teaspoon
Ghee	1 teaspoon
Sugar	10 grams

The following items are needed for the havan ceremony

Havan samagri	1 big packet
Ghee	500 grams
Wood for havan	3 packets
Camphor	3 packets
A large pot with handle (to melt the ghee in)	1
Black sesame seeds	100 grams
Serving spoon with a long handle	1

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