

Mata ni aathem

Number	Details	Quantity	Number	Details	Quantity
1	Red material	1 meter	16	Aarti tray	
2	White material	1 meter	17	Gor papdi for Prasad	
3	Rice	500 grams	18	Fruits	4
4	Cleaned wheat	250 grams	19	Low square stool	1
5	Betel nuts	15	20	Jiggery	50 grams
6	Betel leaves	15	21	Sugar cubes	
7	Cardamom-cloves		22	Loose Fresh Flowers and Daroi	
8	Panchamrut (see recipe below)		23	Tulsi (basil leaves)	
9	Abeel (white powder), gulal (pink powder), kanku (red powder)		24	Bowls	3
10	Ghee lamp	1	25	Spoons	3
11	Incense sticks		26	Saucers	3
12	Match box	1	27	White cotton string	
13	Loto	1	28	Red string	
14	Trays-plates	2-2	29	Blankets	3
15	Coconut	3	30	Hand towels	3

Mix the following items to make panchamrut

Milk	100 grams
Sour milk	1 teaspoon
Honey	½ teaspoon
Ghee	1 teaspoon
Sugar	10 grams

The following items are needed for the havan ceremony

Havan samagri	1 big packet
Ghee	500 grams
Wood for havan	3 packets
Sarsav (similar to mustard seeds but yellow in colour)	10 grams
Camphor	3 packets
A large pot with handle (to melt the ghee in)	1
Black sesame seeds	100 grams
Gugul	10 grams
Serving spoon with a long handle	1
Sandalwood	100 grams

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