

Katha and Havan

Number	Details	Quantity	Number	Details	Quantity
1	Red material	1 meter	16	Ghee lamp	1
2	White material	1 meter	17	Incense sticks	
3	Betel nuts	10	18	Trays-plates	2
4	Betel leaves	10	19	Bowls	3
5	Coconut	3	20	Saucers	3
6	Red string		21	Spoons	3
7	White cotton string		22	Various fruits	2
8	Jiggery-ghee	In a small bowl	23	Soji for Prasad	
9	Cleaned wheat	250 grams	24	Low square stool	1
10	Rice	500 grams	25	Blankets to sit on	2
11	Cardamom	50 grams	26	Hand towel	3
12	Cloves	50 grams	27	Loto	1
13	Loose Fresh Flowers and daroi		28	Aarti tray	1
14	Tulsi (basil leaves)		29	Abeel (white powder), gulal (pink powder), kanku (red powder), chandan (yellow powder), sindoor (orange powder)	10 grams each
15	Match box	1	30	Panchamrut (see recipe below)	

Mix the following items to make Panchamrut

Milk	100 grams
Sour milk	1 teaspoon
Honey	½ teaspoon
Ghee	1 teaspoon
Sugar	10 grams

The following items are needed for the havan ceremony

Havan samagri	1 big packet
Ghee	500 grams
Wood for havan	3 packets
Camphor	3 packets
A large pot with handle (to melt the ghee in)	1
Black sesame seeds	100 grams
Serving spoon with a long handle	1

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